



**Interested in becoming a
Union Learning Rep (ULR)?
Want to help your fellow
workers?
Want to get a FETAC Level**

If you live in Cork, Laois or Tipperary and you want to find out more about this important workplace position, contact Aileen Morrissey at the Mandate Organising & Training Centre (01 8369699) or Mary Muldowney at the Irish Congress of Trade Unions (087 9551925)

**Training dates
for Spring
2010**

Cork City:

16th and 23rd
February, 2nd March
(plus two further days
to be arranged with
participants)

Portlaoise:

4th, 11th, 16th, 25th
and 30th March

Tipperary Town:

17th, 18th and 25th
February and 6th and
13th March